ZERO WASTE World

It is some kind of lifestyle which supports re-using without creating waste (for example by burning). In nowadays society it is not possible to produce *zero* waste. Our economy is not circular, almost every product that is created is meant to be thrown away after the use. This is why we should not focus on perfect zero waste life. But we can try to get closer to zero, live more sustainably.



We could buy only things we really need and at the same time things that we can re-use, we can reduce our plastic consumption (avoid using single-use plastic like plastic bags, plastic bottles, plastic cutlery, do not buy food wrapped in plastic etc.), we could reuse things (like our old clothes) and of course we should recycle.

I do not think I am an environmentalist nevertheless my opinion is that we should try to do something for our planet (at least sort out and recycle). Even a little change we make can make a big difference. Follow some tips you find or create your own way to help the planet. It does not matter. The main thing is that you will try.



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